

**no.**

one on one  
pilates  
yoga  
functional  
training

### **Weiterbildungen Marleen Gosens**

2022 PILATESwiss Pilates Chair  
2020 STOTT PILATES® Cadillac intensive  
2019 Anti & Post Natal Pilates, APPI  
2019 Pilates Flow Physio Kurs, Art of Motion  
2018 Elemental Yoga Teacher Trainer  
2016 Certified functional Trainer Level 1  
2016 STOTT PILATES® Reformer intensive  
2016 Pilates essentials, Art of Motion  
2015 Syposa® Trainingsday Basic  
2015 Cross Fit Mobility Course  
2014 Physical Rehabilitation Trainer A + B, IAS  
2011 Aktive Spine Rehabilitation, IAS  
2011 Therapeutisches Taping, Physio Physics  
2011 Dipl. Physiotherapeutin (Bachelor of health)  
2008 Bachelor of sport and movement